

# New Baby Support Group



**Location:** The Discovery Center located at The Forestdale School  
151 Route 130 Forestdale, MA 02644

**Admission:** FREE

**Dates:** November 7<sup>th</sup>- December 12<sup>th</sup> 2017

**Time:** 1:00pm – 2:00pm

This class will be hosted by Catherine Roy- Certified Breastfeeding Specialist.

Each week we will feature different discussion topics. You can also weigh your baby to see how much he/she is taking at a feeding if you are nursing. This group is walk-in so feel free to come anytime within that time frame. Siblings are welcomed!

*November's Topics- Starting solids & making your own baby food*

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Please enter through the Forestdale School's front door, and bring i.d.